

*This list updated September 22, 2009*

**OTTAWA**

**EAST**

Adam's Orthodontics	2150 Montreal Rd
Amica @ Bearbrook	2645 Innes Rd
Appletree Medical Centre	2016 Ogilvie
Beacon Hill Mall	2339 Ogilvie
Bearbrook Court	2645 Innes Rd
Belcourt Manor	1344-B Belcourt
Bingo	70 Montreal Rd
Blackburn Villa	2412 Cleroux
Broadway	1968 Portobeleau
CS Co-op	M-55 Montreal Rd
Camilla Gardens	1119 Bathgate Rd
Canadian Tire	133 Coventry Rd
Canadian Tire	2010 Ogilvie
Children's Hospital	501 Smyth Rd
Children's Aid	1602 Telestat
Chubard	Trim Rd/Waters
City Center	525 Cote
Delicatessen Bakery	St Laurent
Dempsey Comm. Ctr.	1895 Russell
Desjardins Pharmacy	1100 Algoma
Desloge Co-op	10 Desloge
Edinburgh Retirement Res.	10 Vaughn St.
Edinburgh Retirement	420 Mackay St
Elmsmere Ret. Res.	889 Elmsmere Rd
Equinox Food	250 Centrum Blvd
Extendicare Manor	1715 Montreal Rd
Giant Tiger	2020 Ogilvie
Gloucester Library	1705 Orleans Blvd
Gloucester Library	Innes Rd
Gloucester Pool	2072 Ogilvie
Grey Power Insurance	745-A Montreal Rd
General Hospital (Obst. Dept.)	501 Smyth Rd
Guardian Drug	5 Beechwood
Hear at Last(walmart)	3900 Innes Rd
Heritage Manor	624 Wilson St
Indep. Grocer (Bissonnette)	570 Montreal Rd
Island Lodge	Porter Island
Jean Coutu	2701 St Joseph

Library	St. Laurent Blvd.
Library	Ogilvie Rd
Loblaws	100 McArthur Ave.
Loblaws	Elmvale Acres Mall
Mango's Restaurant	1020 St. Laurent
Medical Center	2 -1224 Place D'Orleans
Metro	2626 Innes
Metro	4550 Innes
Metro	1021 St. Laurent
Metro	Beechwood
Metro	6505 Jeanne D'Arc
Metro	1675 -10th Line
Midway, The	2370 Lancaster
Moca Loca	35 Beechwood
Monfort Hospital	Montreal Rd
Nature Buzz	23 Beechwood
Nickel's	Silver City/Ogilvie
Nutrition Company	Gloucester Mall
OC Transpo	Elmvale Mall
OC Transpo	Gloucester Mall
OC Transpo	Orleans Mall
OC Transpo	St. Laurent Mall
Ogilvie Villa	1345 Ogilvie
Orleans Rec. Complex	1490 Youville Dr
Orleans Villa	6419 Lumberman Way
Overbrook Bingo	1150 Lola
Overbrook Forbes Centre	225 Donald St.
Pantry Food Plus	2433 St Joseph
Perley Hospital (Door 1, 2, 3, 4)	1750 Russell
Personal Pace Fitness	5929 Jeanne D'Arc
Petro Canada	St Joseph
Pharmaplus	570 Montreal Rd
Pharmaplus	19-5303 Canotek Rd
Queenswood Villa	370 Kennedy Lane
Ray Friel Centre	1585 - 10th Line
Residence St-Louis	879 Hiawatha
Ret. Planning Inst	5310 Canotek Rd
Riverside Hospital & Pharmacy	1919 Riverside
Royal Canadian Legion	800 Taylor Creek
Second Cup	Springfield/Beechwood
Senior Center	2020 Ogilvie
Shoppers Drug Mart	3940 Innes Rd
Shoppers Drug Mart	6491 Jeanne D'Arc
Shoppers Drug Mart	150 Montreal Rd
Shoppers Drug Mart	595 Montreal Rd
Shoppers Drug Mart	2016 Ogilvie Rd
Shoppers Drug Mart	2339 Ogilvie Rd
Shoppers Drug Mart	1937 Portobello
Shoppers Drug Mart	1200 St. Laurent

St Laurent Fruit & Veg.	1010 Belfast
Street Box	Parkway & Beechwood
Thrift Store	Beacon Hill Mall
Tim Hortons	Gabriel/St Joseph
Vanier Pharmacy	355 Montreal Rd
VIA Rail	Tremblay Rd
YMCA	Centrum

**SOUTH/CENTRAL**

Abottsford House	950 Bank
Andy Bears Rest.	101 Lisgar
Adult High School	300 Rochester St
Angelo Restaurant	Hwy. 16
Billing Lodge Residence	1180 Belanger Ave
Billingwood Manor	1370 Bank St
Bridgewood Retirement	3998 Bridle Path
Bytowne Cinema	309 Rideau
Cartier Place Hotel, Res.	180 Cooper St
CS Co-op	400 Albert
CS Co-op	61 Spark
Centretown Comm. Hlth. Centre	420 Cooper
Chinese Rest.	240 Elgin St
Cho Sing	691 Somerset W
City Living Blair Bld	205 Gladstone
City of Ottawa, Housing	1660 Walkley Rd
City of Ottawa, Multi Serv. Ctr.	1480 Heron
City of Ottawa, People Srvc.	170 Laurier
Colonel Bay	43 Aylmer Ave
Community Center	221 Nelson
Crystal Dawn	217 Dalhousie
Dalhousie Comm. Ctr.	755 Somerset
Data Relocation Services	48 Daly
Desjardins Pharmacy	298 Dalhousie
Desjardins Pharmacy	General Hospital
Elizabeth Bruyere (X 2)	43 Bruyere
Employment Centre	370 Catherine, 1st Flr.
External Affair	Sussex St
General Hospital Main Entrance	Smyth Rd
Giant Tiger	Bank & Queensdale
Gladstone Towers	865 Gladstone
Good Companions Senior Ctr.	670 Albert St
Hear At Last (Walmart)	2210 Bank St
HeronGate Mall	Heron Rd
Hunt Club Manor	351 Hunt Club
Independent Grocer (Hartman)	296 Bank
Independent Grocer (Rogers)	Alta Vista Dr
Independent Grocer (Bank St)	Billings Bridge Plaza
Ivan Vranjes Clinic	796 Bank

Jack Purcell Center	320 Jack Purcell	Strathcona Height Aprt.	731 Chapel	Ivan Vranjes Clinic	338 Woodroffe
Jim Durell Arena	1265 Walkley Rd	Strathcona Co-op	721 Chapel	Jean Talon Bldg	170 Tunney's Pasture
Landmark Court	140 Darlington Pvt	St Vincent Hospital	60 Cambridge	Kanata Leisure	70 Air Dr
Library	2516 Alta Vista	Street Box	Bank & Albert	Kardish	1568 Merivale Rd
Loblaws	Isabella	Sunnyside Books	113 Murray	Kardish	Richmond Rd (Bells Corners)
Lord Lansdowne Ret. Res.	920 Bank St	Tang Kong Laundry	609 Somerset	Kristy's Rest.	809 Richmond Rd
Mags & Fags	254 Elgin St	The Palisade Home	480 Metcalfe	Lakeside Garden	102 Greenview
Market Square	55 William	Upward Dog	251 Dalhousie	Lincolnfield Mall	2525 Carling Ave.
Medical Center	100 Marie Curie	Yangtze Rest.	700 Somerset	Longfield Manoir	330 Beatrice
Metro	245 Rideau	YMCA	180 Argyle	McDaniel's Independent	200 Grant Carmen
Metro	754 Bank St			McEwen Terrace	31 McEwen
National Arts Centre	41 Elgin St	<b>WEST</b>		Metro	250 Greenbank
Natural Food Pantry	York/Dalhousie			Metro	345 Carleton
Oakpark Ret. Comm.	2 Valour Dr	Alterna Savings	90 K Robertson	Metro Chapman	3201 Strandherd
OC Transpo	Billings Bridge Mall	Alterna Savings	Tunney's Pasture	Mother Earth Nat. Health	747 Richmond Rd
OC Transpo	South Keys	Ambleside One	1081 Ambleside Dr	Mountain Goat Yoga	3350 Fallowfield #5
One in Ten	216 Bank St	Amica @ Westboro	491 Richmond Rd	Natural Food Pantry	Westgate Mall
Oriental House	266 Elgin St	Arena	100 Malvern	Nepean Library	101 Centrepointe
Ottawa Public Library	120 Metcalfe	Asher Place	490 Viewmont Dr	Nepean Library	1547 Merivale Rd
Peace Garden Café	47 Clarence	Bank of Montreal	Prince of Wales/Meadowlands	Nepean Medical Centre	1 Centrepointe
Pharmaplus	240 Sparks St	Barley Mow	Greenbank	Nepean Sportsplex	1701 Woodroffe Ave
Pharmaplus	580 Rideau St	Bingo	9 Slack Rd	Sports Medicine Centre	
Place De Ville	Queen	Bingo Convention	1545 Merivale Rd	Seniors Centre	
Polish Seniors Ass. (Ognesko)	379 Waverly	Bowling	1916 Merivale Rd	Arena	
Produce Depot	2446 Bank St	Canadian Tire	Greenbank & Strandherd	Network Healing Centre	389 Danforth
Radisson Hotel	402 Queen St	Carleton Heights Community	1665 Apeldoorn St.	No Name	1580 Merivale Rd
RA Center	2451 Riverside Dr	Carleton Lodge	55 Lodge Rd	NutriChem Pharm.	1303 Richmond Rd
Rama Lotus	340 Gladstone	Carlingview Manor	2330 Carling Ave.	OC Transpo Algonquin College	Woodroffe
Retirement Living	Rideau/Friel St	Centennial Branch Library	3870 Old Richmond	OC Transpo (Entrance at Bayshore)	Bayshore Mall
Rideau Carleton Racetrack Slots	4837 Albion	Central Park Lodge	2370-2374 Carling Ave	OC Transpo	Scott & Teedwing
Rochester Towers	280 Rochester	Christian Care	220 Viewmont Dr	OC Transpo (Chapman Mills Mall)	Strandherd
Royal Legion	99 Greenfield	Civic Hospital (Main & Emergency)	1053 Carling Ave	OC Transpo – IKEA	Pinecrest Mall
Royal Legion	330 Kent	Crystal View Lodge	6 Meridian Place	Old Forge	2730 Carling Ave
Sandwich Tree, The	55 Metcalfe St	Desjardins Pharm.	Civic Hospital	Ottawa Heart Institute	40 Ruskin St
Sandy Hill Centre	250 Somerset	Dovercourt Rec. Ctr.	411 Dovercourt	Ottawa Housing	1041 Wellington
Sandy Hill Res.	353 Friel	Duke of Devonshire	1095 Carling Ave	Park Place	1025 Richmond Rd
Scotiabank	118 Sparks St	Early Years Centre	1365 Richmond	Parkway Towers	727 Richmond
Scotiabank	3310 Mcarthy Rd	Extendicare Home	2179 Elmira	Parkway Towers	1071 Ambleside Dr
Scotiabank	425 Preston	Extendicare Home Medex	1865 Baseline	Peter D Clark Centre	9 Meridian
Shoppers Drug Mart	1559 Alta Vista Dr	Family Services Ottawa	312 Parkdale Ave.	Pharmaplus	2525 Carling Ave
Shoppers Drug Mart	161 Bank St	Food Basics	900 Greenbank	Pharmasave	99 Kakalu #101
Shoppers Drug Mart	702 Bank St	Forever Young Office	102 Boyce Ave	Playtime 4 Kids	1547 Merivale Rd.
Shoppers Drug Mart	1830 Bank St	Giant Tiger	Dumaurier Ave	Produce Depot	1855 Carling Ave
Shoppers Drug Mart	2515 Bank St	Golden Manor	445 Richmond Rd	Public Library, Carlingwood	281 Woodroffe
Shoppers Drug Mart	3310 McCarthy Rd	Guardian Drug	117 Centrepointe	Rainbow Food	Richmond Rd
Shoppers Drug Mart	50 Rideau St	Herb & Spice	1310 Wellington	Ralf & Sons	Carling Ave
Singing Pebble Books	Main St	Hintonburg City Center	1064 Wellington	Redwoods Sr. Living	2604 Draper Ave.
South E. Ott. Com. Health Ctr.	1355 Bank St #600	Indep. Grocer (Hansen)	Hazeldean Mall	Rexall	Baseline & Woodroffe
Southway Inn	2431 Bank St	Independent Grocer	1309 Carling Ave	Rexall	2525 Carling Ave

Rexall 2950 Carling Ave  
 Rexall 11 Holland Ave  
 River Park Place 1 Corkstown  
 Robertson House 1 Mill Hill Rd  
 Rockin' Johnny's Café Westgate Mall  
 Royalton, The 3501 Campeau Dr  
 Royal Victoria Hospital Carling Ave  
 Salvation Army Grace Manor 1156 Wellington  
 Sears, outside East Entrance Carlingwood Mall  
 Seniors Centre(bus stop) 1137 Wellington  
 Seniors Centre Churchill/Richmond Rd  
 Senior Recreation Center 3865 Old Richmond Rd  
 Senior Travel 392 Richmond  
 Serendipity Books 1007 Wellington  
 Shoppers Drug Mart 2148 Carling Ave  
 Shoppers Drug Mart (outside) 1309 Carling Ave  
 Shoppers Drug Mart 1460 Merivale Rd  
 Shoppers Drug Mart 1642 Merivale Rd  
 Shoppers Drug Mart 888 Meadowlands  
 Shoppers Drug Mart 3151 Strandherd  
 Shoppers Drug Mart 3781 Strandherd  
 Starbucks Merivale & Hunt Club  
 Sterling Place 2716 Richmond  
 Stillwater Creek Retirement 18 Robertson Rd  
 The Court at Barrhaven 1111 Longfields  
 The Saville 2116 Lockhart  
 The Saville 271 Lockhart  
 The Saville 2090 Neepawa  
 Thorncliff Res 1 Thorncliff  
 Tim Hortons 250 Greenbank Rd  
 Unitarian House 20 Cleary Ave  
 Video Eagleson Rd  
 WalMart Lincolnfields Mall  
 Walter Baker Library (and Centre) 100 Malvern  
 West Park Condo 100 Grant Carmen  
 Zellers Richmond Rd & Moodie

## KANATA

Chartwell Residence 20 Shirley's Brook Dr.  
 Fairfield Manor 17 Lombardo Dr  
 Forest Hill 6501 Campeau  
 Kiliam Residence 27 Weaver Cres  
 Loblaws Terry Fox  
 Senior Residence 145 Castlefrank  
 Shoppers Drug Mart 499 Terry Fox Dr  
 Sobey's Terry Fox/Hazeldean  
 The Empress 170 McGibbon Dr  
 Western Ott. Com. Res. Ctr. 2 Macneil Ct

## QUEBEC

### AYLMER

Cinema Principale  
 IGA Principale  
 Residence Le Monastere 161 Prinicpale  
 Zellers Principale

### GATINEAU

Appartements boul. de la Gappe  
 Appartements boul. Labrosse  
 Appartements 488 Gouin  
 Appartements 176 Brian  
 Appartements 134 Maple  
 Appartements 703 Asselin  
 Appartements 60, de la Futaie  
 Appartements 336 James  
 Hôpital Lionel Hemond  
 IGA boul. Greber  
 IGA (Laflamme) 720 Mt. Paiment  
 IGA 425 St. Joseph  
 Louis St Laurent D N Library 555 Bl. Carrierre  
 Metro Limbour St. Louis  
 Nautilus 425 St. Joseph  
 Residence Brunet 100 Cite des Jeunes  
 Residence Frontenac 79 Frontenac  
 Restaurant L'Assiette 725G boul. Carriere  
 Simon Home boul. de la Gappe  
 Sportheque Carriere  
 Toscanos 106, boul. Gréber

## ONTARIO

### ALFRED

Caisse Populaire 497 Hwy 17  
 Valu Mart 536 Hwy 17

### ALMONTE

Almonte General Hospital 75 Spring St  
 Fairview Manor 95 Spring St  
 Home Hardware Highway  
 Island View Suites 30 Jack Cres.  
 Royal Canadian Legion 100 Bridge St.  
 Towns Country Apts. 375 Country St

## AMHERST

Foodland Hwy 33  
 Guardian Drug Hwy 33

## ARNPRIOR

A&P Food Arnprior Mall  
 Arnprior Memorial Hospital 350 John St  
 Groupe Nursing Home 275 Elgin N  
 Nick Smith Arena 77 James St.  
 No Frills 39 Winner Circle  
 Senior Home Support 106 McGounal St

## BATH

Fast Freddy Hwy 33  
 Garjoe Grocery Hwy 33

## BELLEVILLE

Quinte Gardens 30 College St. W.

## BROCKVILLE

1000 Island Mall - Food Court  
 - Sears  
 - Shoppers Drug Mart  
 Brett Grocer 1401 Stewart St  
 Brockville Motor Sales 1249 Stewart St  
 Canadian Tire Main St.  
 Comfort Inn Kent St  
 Food Basic Jefferson St  
 Home Hardware Stewart St.  
 Hospital Charele St  
 Lee Garden 1000 Island Mall  
 Metro King St. W  
 Pharmaplus 1401 Stewart St.  
 RONA 570 Stewart St.  
 Travelodge Kent St.

## CARDINAL

Cardinal Truck Stop Hwy 401 + Hwy 22  
 RONA Mini Mall 623 Hwy 2

**CARLETON PLACE**

Carleton Hospital 247 Lake Ave  
 Carleton Place Manor 6 Arthur St  
 Dwyer Hill R.V. Water Slide 1229 Dwyer Hill Rd  
 Elizabeth Court 105 Elizabeth St  
 Giant Tiger 25 Landsdowne Ave  
 IDA Drug 47 Landsdowne Ave  
 Senior Support Center 210 Bridge St  
 Shoppers Drug Mart 299 Lake Ave  
 Steve's Independent 455 McKnelly

**CARP**

WE Johnston Arena 3832 Carp Rd

**CASSELMAN**

Caisse Pop. 641 Principale  
 Dr. Beauchamp 657 Principale  
 Early Years Centre 676A Principale  
 Truck Stop Bar-Grill Main St.

**CORNWALL**

Arena 4th Ave.  
 CIBC Brookdale  
 Cornwall Square Mall Water St.  
 Food Basics 960 Brookdale St.  
 General Hospital CCC 2nd Ave.  
 Maynard's Independent 9th West  
 Metro 1400 Vincent Massey  
 Sport Centre Water St.

**CUMBERLAND**

Arena Cumberland 1115 Dunning Rd  
 Cumberland City Center 1115 Dunning Rd  
 S/S Convenience Store 2619 Queen

**EMBRUN**

Arena Relais des Sports Jeanne D'Arc  
 CS Co-op  
 Independent Co-op 751 Notre Dame  
 Jean Coutu 867 Notre Dame  
 Shopping Center 767 Notre Dame

**IROQUOIS**

Foodland (mall) Hwy 2

**GANANOQUE**

A&P Foods Main St  
 Independent Hwy 2

**GREELY**

Orchard View 1491 Manotick St

**HAWKESBURY**

Canadian Tire Hwy 17  
 Hospital, Main Entrance & Exit Duplate St  
 Independent (inside Smoke Shop) 56 Cameron St  
 Jean Coutu 80 Main E  
 Mon Roc Place 100 Industrial  
 Prescott Russell 1020 Cartier  
 Scotiabank 100 Main St E  
 Trillium Clinic 593 Spence Ave

**KEMPTVILLE**

B&H Groceries 203 Saunders St  
 Canadian Tire Hwy 43  
 Food Basics Hwy 43  
 Independent Grocer 2600 Hwy 43  
 Senior Support Center 203 Sanders

**KINBURN**

Senior Center Kinburn St

**KINGSTON**

A&P Foods Bath Rd  
 A&P Foods Brock St  
 Airport Kingston  
 Best Western Princess St.  
 Bryan Pharm. Gore St. Mall  
 Canadian Tire Bath Rd/Princess St  
 Canadian Tire Princess St/Gardiner  
 CFB Highway 2  
 Country Depot John Counter Blv  
 Day's Inn Division St  
 Denny's Restaurant 401 Division St.

Family News 675 Bath Rd  
 Food Basics Princess/King St.  
 Food Basics King St./Barrack  
 Food Basics Bath Rd  
 Foodland 4476 George St  
 Frontenac Mall inside front entrance Bath Rd  
 Giant Tiger Bath Rd  
 Giant Tiger 811 Princess St  
 Good Life Fitness 64 Barrack  
 License Bureau 1792 Bath Rd  
 Mac's Princess St  
 Metro Taylor-Kidd  
 Minos Rest. Princess St  
 No Frills Bath Rd  
 Premier Fitness Bath Rd  
 Produce Town Bath Rd  
 Quick Check 730 Front Rd  
 Rexall Princess St  
 Shoppers Drug Mart 401 Division St  
 Shoppers Drug Mart 1011 Princess St  
 Shoppers Drug Mart Taylor-Kidd  
 Shoppers Drug Mart Princess St  
 Sleepless Goat Res. 91 Princess St  
 Smoke Shop Cataraqi Mall  
 Smoking Dolans 287 Princess St  
 Starbucks 770 Gardiner  
 Taylor Chev. Dealer Princess St  
 TD Bank Gore St./Irrines  
 TD Bank Gore St. Mall  
 Valuemark Gore St Mall

**LANSDOWNE**

Library 1B Jessie St  
 Rapid Valley Food Hwy 2/Prince

**LIMOGE**

Caisse Pop. 523 Limoge Rd  
 Marche DR 708 Limoge Rd  
 Pronto 550 Limoge Rd  
 St-Viateur Res. 1003 Limoge Rd

**MALLORYTOWN**

Purcell Fresh Mart 4 Quabbin (Legion Branch 484)

**MANOTICK**

Home Hardware 1140 John St  
 Independent – Moncion’s 671 River Rd  
 Rexall 1160 John St

**MORRISBURG**

Canadian Tire Hwy 401  
 Independent Grocer Hwy 2  
 MCintosh Inn Hwy 2  
 Resto Hwy 2  
 Value Mart Hwy 2/Main St.

**NAPANEE**

A&P Centre St  
 CIBC Centre St  
 Flying J Hwy 401  
 Food Basic Centre St  
 Giant Tiger Industrial/Centre  
 IDA 18 Dundas W

**NEWBORO**

Kilborn on the Rideau 8 Main St

**NORTH GOWER**

Mulligan’s Grocery 2321 Andrew St

**OSGOODE**

Foodland 5669 Main St

**PEMBROKE**

Arena Pembroke Comm. Ctr. 40 Bennett St.  
 Giant Tiger Prince St.  
 Grey Power Insurance 1021 Pembroke  
 Heritage Manor 1111 Pembroke St  
 Miramichi Lodge 725 Pembroke  
 Moncion Grocery 481 Pembroke  
 Pembroke Civic Complex Cecelia St  
 Regional Hospital 725 Mackay  
 Supples Landing 201 St Joseph St

**PERTH**

Caroline Retirement North St., Ste. 105  
 Food Smith 33 Wilson St  
 Independent Grocer (Hendrick) 80 Dufferin  
 Metro 50 Wilson St

**PLANTAGENET**

Centre St Paul Residence 625 Nations  
 Medical Clinic Old Hwy 17  
 Pharmacy Old Hwy 17  
 Seniors Center 224 Main

**PRESCOTT**

Garden Rest. Main St/Hwy2

**RENFREW**

Area Seniors Home Support 180 Plaunt St # 3  
 IGA Garden Market 61 Raglan

**RICHMOND**

Richmond Bakery 6127 Perth St  
 Valumart 115 Perth St

**ROCKLAND**

Action Plus 2768 Laurier  
 Arena Jean-Marc Lalonde 1450 Avenue du Park  
 Belle Rive Residence 1675 St. Laurent  
 Com. Ctr. Prescott 2768 Laurier  
 Home Hardware Laurier  
 Independent Grocer 2773 Laurier  
 Medical Center 2475 Laurier  
 Pavillion Laurier Inc 2526 Laurier  
 Royal Legion 2869 St Laurent

**RUSSELL**

Arena Ontario East  
 IDA Clinic Craig St  
 Mother Teresa Catholic School 1039 Concession

**SMITHS FALLS**

CIBC 45 Beckwith  
 Country Fair Mall Brockville St  
 Giant Tiger Chambers  
 Hospital 60 Cornelia St W  
 Independent (Warrings) 25 Feara Dr  
 Willowdale Ret. Centre 9 Armstrong Dr

**ST. ALBERT**

St. Albert Cheese 150 St. Paul St.

**STITTSVILLE**

Arena Main St  
 Captain Sandy Hazeldean Rd/Jackson Trails  
 IDA 1250 Main St  
 Natural Food Pantry Hazeldean Rd  
 Pool Greek Manor 1385 Main St  
 Shoppers Drug Mart 420 Hazeldean Rd  
 Shoppers Drug Mart 1300 Main St  
 Stittsville Villa 1354 Main St

**SYDERMAN**

Foodland 4476 George St. W

**VANKLEEK HILL**

Essaim Pharmacy 30 Main St  
 IGA Hwy 17

**WESTPORT**

FreshMart Main St.

**WINCHESTER**

Andy’s Food Land Main St  
 Country Kitchen (X 2) Hwy. 43 & Hwy 31  
 Food Store Main St  
 General Hospital Hwy. 31  
 IDA Main St  
 Mike Dean Super Store Main St  
 Nordun Senior Centre 517 A Albert St